TECH CORNER

Have questions? Your guidance counsellors are still available to help you! Get in touch with us through email!

C. Zaghikian (A-CHE):

Christine.zaghikian@tdsb.on.ca

B. Panagopoulos (CHH-H):

Bill.panagopoulos@tdsb.on.ca

D. Low (I-Le)

<u>Darren.low@tdsb.on.ca</u>

R. Leo (Lu-R)

Rosalia.leo@tdsb.on.ca

J. Pascua (S)

John.Pascua@tdsb.on.ca

D. Lawrence (T-Z)

Douglas.lawrence@tdsb.on.ca CLICK







CLICK on the icons above to follow us on social media \odot

LEARNING AT HOME...

If you are in need of a device to help with remote learning, then the TDSB is here to help! Fill out the form <u>here</u> to request a device.

EVENT OPPORTUNITES

VIRTUAL TOURS: THE CANADIAN STUDENT GUIDE FOR VIEWING SCHOOLS DURING COVID-19

Need help deciding where to go for college/university next year? Take a virtual tour!
Here's the link:

https://blog.studentlifenetwork.com/2020/03/25/virt ual-tours-campus-student-guide/

GUIDANCE NEWS

MAY 11TH - MAY 15TH 2020

PROGRAM OPPORTUNITES

UNITY 10-WEEKS ONLINE WORKSHOP

A new 10-week series of free online-workshops for youth led by Unity. The courses will teach Hip Hop art forms (Spoken Word, Emceeing, DJing, Street Dance, Breaking, and Beatboxing), all through the lens of mental wellness and resilience.



Download the full schedule with Zoom links by clicking the image above!

SUMMER OPPORTUNITES

TDSB ELearning Summer School

Registration for TDSB ELearning Summer School has started! If you want to take a course, you can register here:

https://schoolweb.tdsb.on.ca/elearning/e-Summer-School

Contact your guidance counsellor if you have any questions!

AWARDS & SCHOLARSHIP INFORMATION

GRADUATE AWARDS

The deadline for the Earl Haig graduate awards has been extended to May 15. Check out our guidance site at http://www.earlhaig.ca/guidance for more information or to apply. if you have any questions, please contact Mr. Low at darren.low@tdsb.on.ca

The Jean Lumb

The Jean Lumb awards are presented to students of Chinese heritage who have achieved excellence in Academics, Athletics, the Arts, Community Services, Defence of the Environment, Dignity of Life, and Innovation. To apply, or for more information, visit:

www.jeanlumbfoundation.ca.

Deadline: May 18, 2020

The Rotary Club of Toronto's scholarship

The Rotary Club of Toronto's scholarship opportunity for students. Due date for students to apply is June 1, 2020. To Apply, or for more information, please contact Mr. Low at Darren.low@tdsb.on.ca

- Visit website for more information: www.forum.ca
- If you have questions you can also contact: lberg@forum.ca or 613-233-4086 ext. 1

Bill 7 Award

The Bill 7 Award Scholarship application is now open for students who are currently enrolled in, or will be starting their FIRST post-secondary program at an Ontario institution. Full details and the application form are available at www.bill7award.ca. Application deadline is Friday, August 7, 2020 @ 5 p.m. Please note that a reference letter is required, so if necessary, please connect with school staff as soon as possible if you are considering an application.



MENTAL HEALTH SERVICES

At this time it is important to check in on each other, it is great to send a DM, send a snap, or post a pic, but sometimes you need to make sure hear their voice. We know you are on your gadgets more than ever, so here are some sites that can assist you to support a friend in need.

https://bethere.org/Home

https://mindyourmind.ca/

http://teenmentalhealth.org/toolbox/

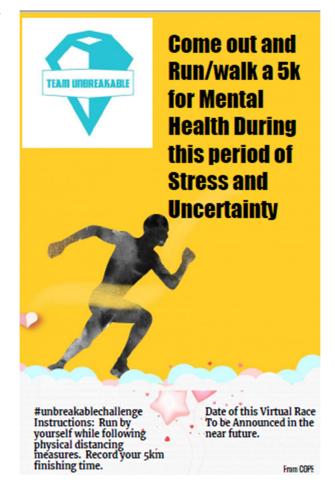
https://www.stressedteens.com/covid-19-tool-kit

Kids Help Phone.caCall: 1-800-668-6868

Text: CONNECT to 686868

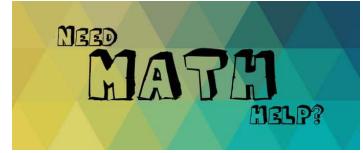


COVID-19 Youth Mental Health Resource Hub https://jack.org/covid



NEW TO CANADA? IN HIGH SCHOOL? THINKING ABOUT A FUTURE CAREER? Newcomer Youth: Connections for Success (NYCS) is the program for you! Online workshops Explore possible career directions Learn about colleges and universities in Canada Understand educational financial planning options Gain valuable workplace skills Access volunteer opportunities related to potential careers

ACADEMIC RESOURCES



Math Help During COVID-19

https://www.khanacademy.org/math/high-school-math

JVS Newcomer Youth Connections for Success

Immigration, Refugees Immigration, Refugies on Citoponnetti Canada

www.jvstoronto.org

UJA FEDERATION of Orester Terents

Connect with mentors

United Way

• Meet new friends and grow your social circle

Free customer service certificate for 14-18 year-old newcomers to Canada. Lunch is on us - eGift card! Join a workshop and get a food eGift card for your favourite meal.

Website: www.jvstoronto.org/workshop-calendar. Email michael.slabodnik@jvs.toronto.org or yahav.barnea@jvs.toronto.org

